

**IEC**  
COLLEGE OF ART & FASHION

University Partner



WHERE  
DESIGNERS  
ARE BORN



Nepal's **No.1** Fashion & Interior College

# MESSAGE FROM MANAGING DIRECTOR

Welcome to IEC College of Art & Fashion, Kathmandu.

With great pride and joy, I welcome all aspiring designers to IEC, a name that has stood for creativity, quality, and innovation in Nepal for nearly three decades.

When IEC began 28 years ago in a small 2,500 sq ft block in Bagbazar, the idea of formal education in Fashion and Interior Design was almost unheard of in Nepal. But we believed in a dream that creative education could empower youth, open global doors, and shape a new generation of designers who would proudly represent Nepal internationally.

Today, that dream has become a movement. IEC College is now affiliated with Teesside University, UK, a globally recognized institution known for excellence in design, innovation, and creative industries. This affiliation ensures that our learners receive a truly world-class degree, exposure to international academic standards, and the confidence to compete globally.

At IEC, we don't just teach design, we build designers. Our classrooms are vibrant studios of imagination. Our faculty are industry experts

who mentor learners to think boldly, work passionately, and innovate fearlessly. Through hands-on projects, internships, industry collaborations, and international linkages, our students develop the practical skills and professional mindset needed to succeed anywhere in the world.

Whether your dream is to launch your own label, design spaces that inspire, work with leading brands, or represent Nepal on the global stage, IEC will guide you there. Every year, our graduates prove that creativity can transform careers and lives when supported by the proper education and environment.

The future belongs to those who dare to dream and design it. At IEC, we help you design your own future.

We look forward to welcoming you to our creative family where your ideas will take shape, your confidence will grow, and your journey toward success will begin.



**Shailaja Adhikary**  
Managing Director

# MESSAGE FROM **DIRECTOR - BUSINESS**

It gives me immense pride to welcome you to IEC College of Art & Fashion, a creative institution that has become a symbol of vision, innovation, and excellence in design education in Nepal. For nearly three decades, IEC has shaped the creative landscape of the country, empowering students to transform their artistic passion into global opportunities. As we continue to build on the strong foundation laid by our Managing Director, Ms. Shailaja Adhikary, our vision remains clear – to provide world-class education that blends creativity with global exposure and professional excellence. With our academic affiliation with Teesside University, UK, IEC has strengthened its global footprint and ensured that every student receives international-quality education and career pathways.

My focus as Director–Business is to create stronger bridges between education and industry, so that every IEC graduate is not only a designer but also a professional ready to lead, innovate, and build brands in the global creative economy. Through international collaborations, industry-driven learning, and a culture that encourages fearless innovation, IEC continues to redefine creative education in Nepal. Success in the design world comes to those who dream fearlessly and execute passionately - and at IEC, we are committed to helping you do exactly that. Welcome to a world where creativity meets opportunity. Welcome to IEC.



**Sona Deepak**  
Director - Business

# MESSAGE FROM VICE CHANCELLOR



As Vice-Chancellor and Chief Executive of Teesside University, it is my great pleasure to welcome IEC College of Art & Fashion, Nepal.

Teesside University is a truly global institution, connecting students and staff through international opportunities, world-class partnerships, and collaborative research networks.

Our global partnerships are built on shared values and mutual ambition. We are proud to collaborate with esteemed institutions like IEC College of Art & Fashion in Nepal, united by a commitment to creative excellence and global opportunity.

Delivered by IEC Nepal, our franchise programme offers students a UK degree in-country—equipping students with the skills and global outlook to thrive in the international design industry. This partnership blends academic excellence with global perspective, equipping you with the skills and mindset to thrive as a confident, capable, and compassionate global citizen. Together, we prepare you to shape the future with purpose and impact.

Teesside University is building a reputation as partner of choice for high-impact research, innovation and expertise, connecting people and ideas across continents to shape a better future.

**Professor Paul Crony OBE**  
Vice-Chancellor and Chief Executive  
Teesside University

# MESSAGE FROM DEAN

The School of Arts & Creative Industries is part of Teesside University, and is uniquely placed to support the journey of creatives at all stages in their careers. Whether you are just starting out, pivoting or re-fuelling a practice mid-career, every perspective is valued. The rich diversity of student and staff experience generates a vibrant and inclusive creative community.

At the heart of the learning community is our gallery MIMA, a cultural hub and creative resource. Dealing with issues from climate change to social inequality, healthcare to housing, alongside collaborating with inspirational and international creative practitioners, we are united in our desire to make a difference in the world.

Teesside University has been actively engaged in creative education for over 50 years, with a special focus on the connection between art and industry. State-of-the-art technology, workshops and labs enable our ideas to become reality. Our alumni are audacious, experimental and independent creative spirits. Whatever your starting position, you are all welcome to be part of this contribution to our changing world and to work with you to create the extraordinary.



**Dr Laura Sillars**

Dean,  
School of Arts & Creative Industries Director,  
MIMA

# MESSAGE FROM PRINCIPAL



Welcome to IEC College of Art & Fashion a space where creativity meets purpose, and ideas are transformed into impactful design.

Our Fashion and Interior Design programs are crafted not only to develop design skills but to empower students with the confidence and vision to shape the future of their industries.

Whether you are drawn to the dynamic world of fashion or the transformative power of interior spaces, our programs offer a rich blend of theory, hands-on experience, and industry exposure. We believe in cultivating a learning environment that inspires innovation, encourages collaboration, and celebrates individuality.

I invite you to explore our vibrant community, meet our passionate faculty, and become part of a journey where your creativity will find its true voice.

**Shoba Sapkota**

Principal

# MESSAGE FROM CHIEF ADMINISTRATIVE ACADEMIC OFFICER

Welcome to IEC College of Art and Fashion, a premier institution with international degree dedicated to nurturing the next generation of creative leaders in Interior Design, Fashion and Retail. At our College, we are committed to nurturing creativity, critical thinking, and professional skills that prepare students to excel in the global design industry.

Our vision is to create an academic environment that balances innovation with practical knowledge, supported by strong administrative systems and academic excellence. We ensure that every student has access to state-of-the-art facilities, experienced faculty, and opportunities for real world exposure through internships, exhibitions, and industry collaborations.

As Chief Administrative Academic Officer, I take pride in ensuring that our students not only graduate with knowledge but also with confidence, creativity, and competence to excel in the world of design and retail. At IEC, we don't just educate- we empower vision for tomorrow.



**Kiran Bhandari**

Chief Administrative Academic Officer

## MESSAGE FROM FASHION DEPARTMENT HEAD

Welcome to the Department of Fashion.

Our fashion program empowers visionary creators, blending creativity with business insight from design and patternmaking to retail strategy and global branding. Through workshops, global classrooms, and industry internships, students gain real-world experience and graduate as confident, industry-ready fashion leaders.

Every stitch, sketch, and concept is perfected here, turning imagination into trend-setting reality.

Join us and shape your future in fashion with skill, vision, and passion.



**Mrs. Suchitra Sureshkumar**  
Head of Department - Fashion

## MESSAGE FROM INTERIOR DEPARTMENT HEAD

Welcome to the Department of Interior Design at IEC College of Art & Fashion!

Our international Interior Design program blends creativity with technical and practical skills, providing a strong foundation for students to excel in the field. At IEC, students are guided to turn their ideas into reality through hands-on learning, research, and immersive industry experiences, ensuring a perfect balance of theory and practical application.

With industry internships, global classroom, guest lectures, and workshops by international experts, students gain global perspectives and become fully industry-ready to thrive in their careers. We invite prospective students to explore the vibrant, evolving world of design—a field that meets the demands of today and shapes the spaces of tomorrow.

Welcome, and let your creativity flourish!



**Ar. Pabi Tuladhar** | Head of Department - Interior



# ABOUT IEC

## Where Creativity Meets Excellence

For over 29 years, IEC has been shaping Nepal's creative landscape through excellence in design education. Recognized as Nepal's No. 1 and pioneering institution for Fashion and Interior Design education, IEC has inspired generations of creative thinkers, innovators, entrepreneurs, and industry professionals, setting the benchmark for creative education in the country.

Founded in 1997 by visionary educator Ms. Shailaja Adhikary, IEC was established with a bold mission—to redefine creative education in Nepal and empower young talent with the knowledge, skills, and confidence to excel on the global stage. What began as a pioneering initiative has evolved into one of Nepal's most respected educational institutions, known for its unwavering commitment to quality, innovation, and excellence.

At IEC, education goes beyond the classroom. Through immersive studio practice, industry collaborations, live

projects, fashion showcases, internships, international exposure, and mentorship from experienced professionals, students develop the creative confidence, technical expertise, and entrepreneurial mindset required to thrive in today's dynamic design industry.

Our graduates have gone on to become successful fashion designers, interior designers, entrepreneurs, educators, stylists, and creative leaders, making meaningful contributions to Nepal's creative industries and beyond. Their achievements reflect IEC's enduring commitment to nurturing talent and shaping future leaders.

Today, IEC proudly continues its legacy as Nepal's No. 1 institution for Fashion and Interior Design education, inspiring the next generation of creative professionals to innovate, lead, and make a lasting impact on the world of design.

Creating Designers. Inspiring Innovation. Leading the Future.



# OUR VISION

IEC College of Art & Fashion vision is to empower students through all round holistic development to be a globally responsible citizens.





# OUR MISSION

IEC College of Art & Fashion is to provide quality education and design skills for exemplary professionals practice to be globally competent and socially responsible citizens.

# TEAM IEC



◀ **Shailaja Adhikary**  
Managing Director

**Ar. Pabi Tuladhar**  
HOD - Interior



**Pratima Parajuli**  
Admin Officer



**Simran Gurung**  
Counselor



**Shoba Sapkota**  
Principal



**Kiran Bhandari**  
CAAO



**Ashma Singh Thakuri**  
Lecturer



**Sona Deepak**  
Director - Business





# APPROVAL & RECOGNITION

IEC College of Art & Fashion is affiliated to Teesside University, Middlesbrough, United Kingdom and duly approved by the Ministry of Education, Government of Nepal and is also recognized by Tribhuvan University.



# ABOUT TEESSIDE UNIVERSITY



Focused on making a real difference to the lives of people and the success of businesses and the economy, we challenge expectations and push the boundaries of what is possible. We approach challenges at pace and with purpose. We do not stand still.

We are an ambitious and enterprising university for a focused and pragmatic global new generation. We provide real opportunities and support to realise potential on a campus fit for the future and around the world.

From developing outstanding degree apprenticeships tailored to industry to addressing the societal challenges on a global scale, our work is always relevant and purpose-driven. We value education and research which is innovative, creative and supports the development of solutions to real world challenges.

We work with individuals and businesses to develop solutions that deliver ambition today.



Teaching Excellence Framework



Awards  
2025





# BA (HONS) FASHION

- 4 Years

We bridge the gap between design and business. Our curriculum combines international-standard creative education with practical business training, equipping students to either step into the industry market-ready or launch their own fashion startups.

You develop your portfolio in in Fashion Design or Fashion Communication, giving you the flexibility to focus on your creative passion. You learn about the fashion business with a focus on design, marketing, promotion, image creation and styling skills. You will gain the opportunity to engage directly with the industry through internships, live projects, and collaborations and develop the skills to launch your own business, learning skills in fashion entrepreneurship.

Fashion is a rapidly changing global industry with new digital tools transforming design and making processes and addressing issues of sustainability. This course prepares you for a versatile career in fashion. Your own creativity, ideas and self-expression is placed at the heart of your learning and our team help nurture and guide your interests so that you graduate with a distinctive creative style and voice.

Your degree concludes with a showcase event and fashion show, where you present your creative work to industry, highlighting the skills and expertise you've developed throughout the course.

## COURSE STRUCTURE

### Year 1 :

Collaboration Project (20 Credits)  
Introduction to Fashion Practice (40 credits)  
Introduction to the Creative Industries (20 Credits)  
The Fashion Project (40 Credits)

### Year 2 :

Creative Research Project (20 Credits)  
Fashion Image and Innovation (40 Credits)  
Industry Project (40 credits)  
Working In The Creative Industries (20 Credits)

### Year 3 :

Professional Placement (40 Credits)

### Year 4 :

Major Project (60 credits)  
Professional Practice (60 credits)



# BA (HONS) INTERIOR DESIGN

- 4 Years

You will study in a dedicated design studio environment with access to high-quality Computer Aided Design (CAD), specialist workshops and industry-standard facilities. Through guest lectures, workshops, live projects and exhibitions, you will learn from experienced professionals and successful alumni while developing the creative and technical skills needed for the design industry.

The programme prepares graduates for careers in interior design consultancies, architecture firms, retail and hospitality design, exhibition design, furniture design, project management and real estate development. It also develops business and entrepreneurial skills, enabling graduates to establish their own design studios, consultancy practices or creative enterprises and become future leaders in the design industry.

Interior Design is a creative profession that transforms residential, commercial, retail, hospitality, healthcare and workplace environments into functional and inspiring spaces. Students develop expertise in space planning, materials, lighting, furniture design, colour schemes and digital visualisation while creating innovative and sustainable interior solutions for a wide range of clients.

## COURSE STRUCTURE

### Year 1 :

Collaboration Project (20 Credits)  
Introduction to Interior Design Skills and Practice (40 Credits)  
Introduction to the Creative Industries (20 Credits)  
Residential Design and Communication (40 Credits)

### Year 2 :

Commercial, Branded Environments & Visualisation (40 Credits)  
Creative Research Project (20 Credits)  
Industry Project (40 Credits)  
Working in the Creative Industries (20 Credits)

### Year 3 :

Professional Placements (40 credits)

### Year 4 :

Major Project (60 credits)  
Professional Practice (60 credits)



# **DIPLOMA in FASHION & MARKETING**

- 1 Year

Fashion designing has become an indispensable part of human lifestyle and fashion designers play a vital role in creating new designs of various products such as apparels, garments, textiles, footwear and jewellery for our daily use keeping in mind the latest trends in the fashion world. With advanced computerized designing facilities made available today, the fashion professionals/designers in the industry are in a better position to develop this hi-tech creative art sector.

Apparel export is one of the fastest growing industry in India and Nepal offering many creative and dynamic job opportunities. It has created a great demand for fashion designers in the trade. The course has been designed to give an overall comprehensive exposure to all aspects of designing ranging from sewing, cutting, CAD, manufacturing of garments, marketing and the list goes on.

## **COURSE STRUCTURE**

- Elements & Principles of Design
- Design Idea
- Fashion Model Drawing
- Textile & Surface Ornamentation
- Construction Techniques
- Pattern Making
- Draping & Grading
- Embroidery
- Accessory Design
- Jewellery Design
- Fashion Sketching
- Computer Aided Design (CAD)
- History of Fashion
- Fashion Marketing & Merchandising
- Fashion Styling
- Fashion Event Management
- General Competency
- Make Up & Hair Design
- Industry Visit
- Project Work
- Market Survey
- Fashion shows
- Brand Presentation
- Portfolio Presentation



# **DIPLOMA in INTERIOR & PRODUCT DESIGN - 1 Year**

The course has been designed to equip the students with the basic concepts of design mechanics and principles since beautiful interiors have become a basic fixture in home. The course enables students to do presentation drawings for any building, office, residence, hotel, restaurant, show-room or farm houses. Students not only get knowledge of the conceptual details but also a thorough idea of important aspects such as cost, overall planning and multimedia aids. After undergoing rigorous training and attaining exposure in several areas of designing such as furniture, marble and granite work, students learn to interact with clients as designers and develop good corporate communication skills and acquire real-time industry experience. Getting employment is not a problem for any student after successful completion of the course. Large corporate houses are easy takers for such students.

## **COURSE STRUCTURE**

- Elements & Principles of Design
- Basic Design
- Design Composition
- Colour Theory
- Orthographic Projection
- Furnishings and Fittings
- Furniture Design
- Drafting & Sketching of Furniture
- Building Construction
- Interior Designing
- Design of Interior Spaces
- Landscape
- Vastu Shastra
- Computer Graphics
- Interior Current Trends
- Professional Practice
- Model Making
- Product Design Competition
- General Competency
- Project Work
- Portfolio
- Field Visits
- Market Survey

# FACILITIES AT IEC

At IEC College of Art & Fashion, students learn in a creative, industry-oriented environment equipped with modern facilities that support innovation, practical learning, and professional growth.



## **Fashion Textile Laboratory**

Our Fashion Textile Laboratory is equipped with industry-standard sewing machines, PICO machines, cutting and finishing equipment, pressing stations, and textile tools that provide students with practical experience in garment construction, pattern development, and textile experimentation.

## **Interior Design Studio**

A dedicated studio that encourages students to develop creative concepts, technical drawings, model-making, and space planning using professional design tools and software.

## **Computer & Digital Design Lab**

Modern computer laboratories equipped with the latest design software for fashion, interior architecture, graphic design, and digital visualization.

## **Workshop Facilities**

Our well-equipped workshops provide students with hands-on experience in material exploration, model making, furniture prototyping, surface treatments, and creative experimentation under expert faculty guidance.

## **Networking & Internship Opportunities**

IEC actively connects students with leading fashion houses, design firms, retail companies, and industry professionals through internships, networking events, guest lectures, and industry collaborations, preparing them for successful careers.

## **Student Support & Socio-Psychological Counseling**

We prioritize student well-being by providing academic guidance, motivation, career mentoring, and access to socio-psychological counseling to help students achieve both personal and professional success.

## **Fashion Shows & Design Exhibitions**

Students regularly participate in internal and external fashion shows, exhibitions, design competitions, and creative showcases, providing valuable exposure and opportunities to present their work to industry professionals and the public.

## **Contests, Awards & Recognition**

IEC encourages innovation and creativity through various competitions, awards, scholarships, and recognition programs that celebrate student excellence and achievement.

## **Creative Learning Environment**

Our collaborative campus environment fosters creativity, teamwork, leadership, and innovation through interactive learning, industry projects, workshops, seminars, and extracurricular activities.



# SUCCESS STORIES

IECians own more than 272 Fashion labels & 121 Interior Design Studios in Nepal & abroad. IECian's are working in Top Garment Manufacturing & Export Units of Nepal, India, UK, USA. IECian's design 60% of the dresses of Nepal films, MNC, Banks, Airlines, Hotels and Casinos of Nepal.

IECians are working in Architectural Firms, Construction & Housing Companies.

IECians are running Furniture & Fitting Show Rooms in different cities of Nepal.



# KEY FEATURES

- Affiliated to Teesside University, Middlesbrough, UK
- Nepal's No.1 Fashion & Interior College
- An ISO 9001:2000 Certified Company
- INTERNATIONAL GOLD AWARD (USA) for Quality Education and TQM in 2003
- Accredited by IAQ, USA
- More than 500% Growth Rate
- Dual International Certification
- Placement Assistance to every student
- Promoter & Organizer of Nepal Fashion Week since its inception in 2004
- Winner of Asian Top Fashion Organization Award - 2016
- Winner of Nepal Best Brand Leadership Award - 2018
- Winner of Design School of the Year - 2024
- First educational institution in Asia to become a member of the American Association of Colleges and Universities (AAC&U).

# IEC DESIGNERS' RUNWAY

IEC Designers' Runway has been a profoundly hyped phenomenon and is one of the most awaited events of the K-town since its beginning. Graduating designers from IEC College of Art & Fashion rock the runways with their collections in the event. The event is a coherent combination of glamour and creativity. It is primarily a University Assignment for the graduating students but rather, it is as grand as other fashion shows organized by IEC.

In addition to being a unique opportunity for talented fashion designing students, IEC promises that this event will also showcase the most creative make-up artists, hair-stylists and stunning Nepali models.









# IEC INTERIO SCHEMA

INTERIO SCHEMA is the annual interior design exhibition by IEC College of Art & Fashion, running since 2009. More than just an academic requirement, it aims to raise public awareness about interior design and its impact on lifestyles.

The event showcases student models, promotes local designers to corporate audiences, and offers exposure and job opportunities for aspiring interior designers in Nepal.

#### Event Highlights:

- Interior & product design displays
- Student paper work exhibition
- Smart furniture showcase
- Photo booth & musical performances



# NEPAL FASHION WEEK



Nepal Fashion Week: Simplicity is the ultimate form of sophistication and Nepal's premier Fashion Extravaganza heralds new trends and showcases-STUDENT DESIGNERS of IEC College of Art & Fashion during these four days of glitz and glamour.

The Fashion Week is a fashion industry event, lasting approximately one week, which allows fashion designers, brands or "houses" to display their latest collections in runway-shows and enables buyers to take a look at the latest trends. Most importantly, it lets the industry know what's "in" and what's "out" for the season. The most prominent fashion-weeks are held in the four Fashion Capitals of the world – New York City, London, Milan and Paris. However, since 2004, Nepal is also trying to fit into this form and initiative has been taken by IEC. Since then, it has not stopped. The big name associated with it is - Ms. Shailaja Adhikary.

Nepal Fashion Week is the country's largest glamour and lifestyle event and IEC is committed to make the Nepal Fashion Week a truly world class event. We have been planning initiatives to host this event more successfully with each passing year. We believe that garment designing can provide us a new source of competitive advantage. This will benefit all constituents of the Nepali Textile, Apparel and Fashion Industry.

# GUEST LECTURER



IEC organizes “IEC Talk – Yes, We Can”, a motivational talk show where successful personalities from diverse industries share their journeys from struggle to success, inspiring students to believe in themselves and pursue their ambitions.

In addition, industry experts are invited as guest lecturers to provide practical insights, helping students understand professional practices and gain valuable exposure to their chosen fields.



# LIFE @ IEC





# GLOBAL CLASSROOM

The Global University Campus program provides students with a short but intense learning experience. They will take part in industry workshops, cultural visits and focused-group lectures by guest speakers from specialized fields. In Global University Campus, students' experience - Industry Visits, Relevant industry talks, Research tours - Historical & Cultural Exhibitions, Interactive Workshops, Certificates of Participation and Completion.









# IN CEREMONY



# GENERAL INFORMATION



## For Bachelor Degree

Batch starting Date	: First Week of January & September
Class Timing	: 5 days a week (7:30 AM – 2:15 PM)
Eligibility	: 10+2 or equivalent (Any Stream)
Admission Criteria	: General Aptitude Test / Creative Ability Test

## For Diploma Degree

Batch starting Date	: Every Month
Class Timing	: 6 days a week (2 hours a day)
Batch time	: 7:00 AM – 9:00 AM / 9:00 AM – 11:00 AM : 11:00 AM to 1:00 PM / 1:00 PM to 3:00 PM
Eligibility	: Grade - 10 Pass (Any Stream)
Admission Criteria	: Perpetual drive and passion for designing

# ADMISSION REQUIREMENTS & PROCEDURES

Admissions are open to students of all nationalities  
- subject to availability of seats.

## **Admission criteria:**

General Aptitude Test / Creative Ability Test

## **Eligibility:**

+2 or Equivalent (any Stream)

## **How to Apply:**

- Contact IEC Administration via telephone or walk-in Stopover
- Get Counseling
- Choose the course of your passion
- Fill up the form
- Entrance Exam



Karma Lama is a fashion creative and the founder of Lala by K, a made-in-Nepal clothing brand she launched at the age of 20. Known for her distinctive style and creative direction, she has worked as a fashion stylist and costume designer on major commercial projects, collaborating with renowned musicians and international brands. Her styling content on TikTok and Instagram has also earned her a growing audience, making her a recognized voice in Nepal's fashion industry.



Bini Bajracharya is the founder of ABiR, a sustainable fashion brand known for its ethical designs and use of natural, Made in Nepal fabrics. With over 18 years of experience in the fashion industry, she has built a brand that supports local artisans, preserves traditional craftsmanship, and creates employment opportunities. Under her leadership, ABiR has grown beyond fashion, offering customized solutions for individuals and corporate clients while promoting sustainable and ethical living.



Salina Bhandari is a fashion designer, entrepreneur, and professional makeup artist who graduated with a Bachelor's in Fashion Designing from IEC College of Art & Fashion. Combining creativity with entrepreneurial vision, she founded Mira by Salina, a fashion brand inspired by her mother and dedicated to timeless, elegant designs. Alongside running her brand,

# SUCCESS STORIES OF **OUR ALUMNI**



Larisha K.C., a 2018 graduate of IEC College of Art and Fashion's Bachelor's in Fashion & Retailing program, is the founder of Lamuse Clothing Pvt. Ltd. Founded in 2020, Lamuse is a Nepal-based sustainable fashion brand committed to creating affordable, high-quality, and trend-driven clothing. Driven by a vision to make fashion more ethical and accessible, Larisha has built a brand that empowers individuals while supporting local artisans and promoting proudly made-in-Nepal craftsmanship.



Juna Bhattarai is an interior designer and the Managing Director of Vivid Interiors Pvt. Ltd. A graduate of IEC College of Art & Fashion, she is known for designing commercial spaces, luxury residences, and resorts across Nepal. Through Vivid Interiors, Juna has delivered projects for leading brands, earning recognition for her creative vision and innovative approach to interior design.



Nisham Limbu is an interior designer and the Creative Director of Group of Interior Architects. A graduate of IEC College of Art and Fashion, he has worked on notable hospitality, commercial, and residential projects, earning recognition for his innovative and impactful design approach.

# STUDENTS' TESTIMONIALS



"My time at IEC College played a significant role in shaping my confidence, creativity, and outlook on the future. The supportive learning environment and guidance from my mentors encouraged me to think critically, embrace new challenges, and believe in my potential. Today, as I pursue my Master's in Marketing with an Emphasis in Analytics at Webster University, USA, I continue to carry the values and foundation I built at IEC. I am grateful to the college for preparing me not just academically, but also for a global journey of learning and growth."

**Samridhi Shrestha**  
2021 Batch



"IEC College gave me the confidence and creative foundation to pursue my passion for fashion. The practical learning experience and guidance from my mentors inspired me to transform my ideas into reality. Today, through my kidswear brand, Kiyoko, I am able to create designs that blend creativity, comfort, and quality. I am grateful to IEC for helping me build the skills and confidence to begin my entrepreneurial journey."

**Miksha Shrestha**  
Founder, Kiyoko



"My time at IEC College of Art and Fashion laid the foundation for my journey as an entrepreneur and sustainability advocate. The practical learning environment, creative freedom, and constant encouragement to think differently gave me the confidence to turn my ideas into reality. The knowledge and experiences I gained at IEC continue to inspire my work through NHU Designs and my commitment to promoting sustainable fashion. I am grateful to IEC for helping me discover my purpose and empowering me to create meaningful change through design."

**Rashmi Tandukar**  
Founder, NHU Designs



"My journey at IEC College of Art & Fashion transformed my passion for interior design into a meaningful career. Coming from a business background, the practical learning, creative environment, and guidance from my mentors gave me the confidence to pursue interior architecture with purpose. Today, as the founder of The Inarch Design, I strive to create spaces that blend creativity, functionality, and meaningful experiences. I am grateful to IEC for providing the foundation that empowered me to follow my vision and build a career doing what I love."

**Sumina Lama**  
Founder, The Inarch Design



"IEC College of Art and Fashion gave me more than just a design education—it helped me develop the confidence to think creatively and build something of my own. The practical approach to learning and the guidance from experienced mentors encouraged me to push my boundaries and refine my design perspective. The skills and values I gained at IEC continue to influence my work at Mali Designer Wear, where I create designs that celebrate craftsmanship, creativity, and the rich cultural heritage of Nepal."

**Rikesh Kasti**  
Co-founder & Designer  
Mali Designer Wear



"I have always felt lucky to have studied at IEC College of Art & Fashion as it has changed my life. IEC is known to be very systematic, practical and functional designing college than any other fashion schools and colleges in Nepal. The thing I admire the most about the College is the support I received from the faculty member - either it be the administration or the teaching department and of course our Managing Director of the college.

At IEC, the more emphasis is given on practical knowledge and extra activities to make student independent. In Short, I can proudly state that IEC has prepared me to outshine with my talent in the world of fashion. Now I'm known as one of the leading fashion designer in Nepal who own a brand named 'Mu Ce'."

**RASNA SHRESTHA**  
OWNER, Mu Ce



"My time period at IEC was the most memorable and enlightening phase of my life, IEC provided me a platform from where I took the flight in my career. I am very thankful to my teachers for encouraging and pushing me through the hard times as well as shaping and sharpening my raw skills and knowledge.

I sincerely am grateful to IEC family for the opportunities during the time period. I believe that at IEC I only got the best of everything and successfully completed my Bachelors Degree. My goal to become a fashion designer has taken a form of extravagant reality today as I have my own brand named "ARSHIYA COUTURE" that I nurture today with the knowledge I learned in IEC."

**ARSHIYA BANU**  
Founder, ARSHIYA COUTURE



"Don't lose sight of your goal. Your countless hours of studying and sleepless nights will pay off in the end. Three and a-half years in IEC was an exciting and unforgettable experience for me. Highly qualified teachers, motivating management team, meeting interesting people, participating in practical activities were the driving force to keep me going and made me the professional that I am today. Without any doubt, I would surely give my due share of credit to IEC for all my accomplishments.

To all those aspiring Interior Designers, I strongly recommend IEC as this is the only college in Nepal that provides the core knowledge on Interior Designing."

**IA SUSHOVIT RANJITKAR**  
(Batch 2011 – 2014)



"After being crowned Miss Nepal 2000, I chose to pursue my passion for fashion design and joined IEC in 2004—a decision that became a turning point in my career. My time at IEC was filled with unforgettable learning experiences, inspiring mentors, and practical exposure, including our graduation fashion show at Fulbari Resort, which gave us the confidence to step into the professional world.

Today, after more than 18 years in the fashion industry, I am proud to have established myself as a fashion designer and entrepreneur, running UR Stylish Boutique in Kuponhole. Seeing my clients appreciate and confidently wear my designs continues to be my greatest reward. I remain grateful to IEC for helping me discover my potential and providing the strong foundation that shaped my journey. IEC truly is a place where dreams take shape."

**USHA KHADGI**



"IEC is known to provide enough platform for students while they are still studying; and being one of the ex student, I too had the privilege of learning designing in a very professional manner. And those numerous exposure had taught me importance of versatility and uniqueness. Going by this, today I tend to make sure my every work is different from my previous collection. This is one important and productive trait I learnt here that will influence all my upcoming work. My work is my pride and I will never hesitate to say my pride was polished meticulously by IEC. Last but not least, I vouch on IEC, also because this institute makes student believe in themselves and focuses more on practical method of teaching. I believe both working individually and in a team are equally important for one's growth and if we are talking about creativity, it is more than needed and that's exactly what IEC offers."

**SUSHMA SINGH**  
Official Fashion Designer of  
Miss Nepal since 2017)



"Driven by a lifelong passion for art and design, I joined IEC College of Art and Fashion to pursue a Bachelor's degree in Interior Design. Eager to expand my knowledge, I continued my studies in New Zealand, completing a postgraduate qualification in Interior Design at Otago Polytechnic and gaining valuable professional experience.

Today, I work with my family's companies, Quality Kitchen Equipment Pvt. Ltd. and Creative Décor Pvt. Ltd., where I apply my design expertise and creativity to deliver innovative interior and commercial design solutions. I am grateful to IEC for providing the strong foundation that launched my professional journey."

**ASHIM SATYAL**



"My name is Pritika Khadka, Founder of Tamitra-by Pritika, a luxury fashion label specializing in bridal couture and handcrafted designs. My journey in fashion was shaped by passion, creativity, and the guidance of IEC College of Art & Fashion.

IEC not only taught me fashion and design, but also inspired me to become a job provider rather than a job seeker. The practical learning, encouragement, and confidence I gained here became the foundation of my entrepreneurial journey.

I will always be grateful to IEC for being an important part of the designer and entrepreneur I am today."

**PRITIKA KHADKA**  
Founder, Tamitra-by Pritika



"My journey at IEC College played a vital role in shaping my career as an Interior Architect. Through practical assignments, industry-oriented projects, workshops, and events, I gained strong technical knowledge and real-world experience. Organizing exhibitions and events helped me develop confidence, teamwork, and presentation skills. I am grateful for the guidance of the faculty and the strong foundation IEC provided, which continues to support my professional growth."

**Prerana Tandukar**  
2021 Batch



"My three years at IEC helped me grow both personally and professionally, strengthening my creativity, communication, and design skills through practical learning and constant mentorship. The industry-oriented approach gave me valuable exposure and prepared me for the professional world.

After graduation, I joined SAA Studio as an Interior Architect, contributing to hospitality and commercial projects including Kailash Kutee Hotel & Spa, Himalayan Java, and The Heights. Alongside my professional career, I founded Interior by Bala, where I work as a freelance designer, combining creativity with practical design solutions. These experiences have shaped my passion for creating meaningful and functional spaces."

**Niroj Bala**  
Founder, Interior by Bala



"My journey at IEC College gave me the confidence, knowledge, and practical skills to pursue a career in fashion and entrepreneurship. The supportive learning environment and guidance from my mentors encouraged me to think creatively and turn my ideas into reality. Today, as the Founder of RTW.NP and Manify.NP and Co-founder of ReadyToWearNP, I am proud to contribute to Nepal's growing fashion industry. I am truly grateful to IEC College for providing the strong foundation that helped me build my brands and transform my passion into a successful career."

**ANJILA SHRESTHA**  
2021 Graduate (Batch 2018)  
Founder, RTW.NP & Manify.NP |  
Co-founder, ReadyToWearNP



"My three years at IEC College were instrumental in shaping my journey as an Interior Architect. The balance of theoretical knowledge, practical exposure, and continuous guidance helped me develop both my technical and creative skills. Beyond academics, IEC gave me opportunities to build leadership qualities, participate in exhibitions, and form lifelong friendships. The support and encouragement from the faculty inspired me to work hard and believe in my potential. Today, as the founder of Ziki Designs Pvt. Ltd., I am proud to have turned my passion into a profession. IEC will always hold a special place in my heart as the foundation of my career."

**RAJBI THAPA KSHETRI**  
Founder, Ziki Designs Pvt. Ltd.



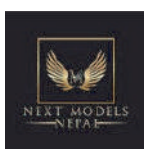
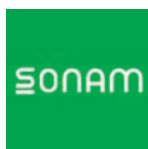
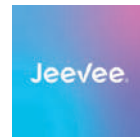
"My years at IEC College of Art & Fashion were truly transformative. Graduating in 2019 with a Bachelor's in Interior Architecture, I gained not only technical knowledge but also the confidence and creative mindset to pursue my passion. The practical learning environment, supportive faculty, and real-world exposure prepared me to take on the challenges of the design industry. Today, as the Founder and CEO of GIA, while also working with Brush and Strokes Pvt. Ltd. and serving as a Lecturer at the British Academy of Arts & Design, I proudly carry forward the values and skills I developed at IEC. The college gave me the foundation to lead, innovate, and build a meaningful career. IEC didn't just shape my profession—it shaped the designer and leader I am today."

**JOHN DIMDUNG TAMANG**  
CEO, GIA

# INTERNSHIPS

There are two phase of Internship at IEC

1. In-between, 45 days internship is the phase where students need to work in the real field with reputed organizations in the course of their study duration.
2. After the completion of the course, students are expected to have a three-months internship experience to live up to the standards of international degree that IEC is providing.



# IEC COLLEGE MANDIKHATAR



# INFRASTRUCTURE

